

Health and Social Care - OCR Technical Award

As part of the qualification in Health and Social care you can study in Sixth Form, you can opt to study a single award which is equivalent to one A-level or a double award, which is equivalent to two A-levels. Whichever path you choose, you do not have to have studied the subject at KS4 level, as it is accessible to all learners and you will receive full guidance and teaching for all the units from Mrs Gordon and Mrs Verrill.

One of the core units you will study, regardless of which qualification you opt for, is that of **Building Positive relationships in Health and Social Care**. The way you interact with those accessing and working within the services you will study; health, social care and early years, will help you to establish good working practices and enable the individuals you work with and care for to maintain the rights and values of care that underpin the whole of the health and social care sector.

As an introduction to the topic of Building positive relationships in health and social care, I would like you to conduct some visual research.

This involves you looking at one (or more) of the many programmes and documentaries in the different health and social care sectors. There are lots to choose from, to name a few:

- **One born every minute**
- **GP's behind closed doors**
- **24 hours in A and E**
- **Police interceptors**
- **Secret life of four year olds**

Many of the series are on repeats right now, some are current series and lots can be accessed via Youtube.

I would like you to view one or more of the programmes (make a note of the series number and episode) and look at the different types of relationships that can be built in health, social care or child care environments. As you watch, think about the relationships below and take your own notes.

There are five types of relationships you have to cover. These are:

- **Individuals who require care and support** - who are they in the programme you are watching? What support do they need and why? How does the professional provide this support? How does this help to build a positive relationship? Are there times when the relationship breaks down? (police series particularly can show this but also A and E situations if individuals are abusive)
- **Families of individuals who require care and support** - which family members are present? Why? What are their concerns? How do the professionals work with them to provide a positive relationship?

- **Colleagues and peers** (workers of the same level eg nurse to nurse - police officer to police officer, teacher and teaching assistant) how do they work together? Police for example often work in two's - how do they interact? Why do they need to build a positive relationship? How do they work together on the job?
- **Senior workers/managers** - This is for example a consultant on the hospital ward working with a junior doctor or the nurse in charge on a ward working with their staff or a headteacher or manager of a nursery with their teachers or nursery assistants. Is there a difference in how they work? How is the positive relationship built? Why does this type of relationship need to exist?

- **Health and social care professionals/practitioners as multi agency working** (professionals from different areas working together) eg the police and paramedics at a road traffic accident, teachers and social workers at a meeting for a child, GP's and district nurses working with patients in the community. Why is it important for agencies to work together? (Other than the programme you view, also look at the case of Victoria Climbié to see what can happen if health and social care professionals do not work together).

Once you have viewed the programme(s) and taken your own notes, I would like you to produce a piece of work that illustrates the five different types of relationships outlined.

You can present your information in any way you choose (slides, Google doc, own posters sent as a picture on email or in any format that you like) and then share it on Classroom.

Health, social care and early years settings are full of people, so to get the best out of people in situations that can sometimes be difficult. Remember, we are looking for the way in which positive relationships are built, how this is done and why this is important.

I look forward to viewing your work.

Welcome to Health and Social Care xxx